

17th May 2024

Gooderstone Gazette

YOUR SCHOOL,
YOUR NEWS
Summer Issue 29

Collective Worship Story:

David and Goliath: Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand- **1 Samuel**

Stars & Wows

Owls & Goslings

Star of the week is **Meredith**, for setting a good example and playing nicely with her friends.

Wow of the week is **Rosie F**, for working hard to improve her sentence structure.

Writer of the week is **Teddy McCH**, for improving with writing his name.

Skylarks

Star of the week is **Ivy**, for always being super polite and wishing us a good lunch.

Wow of the week is **Rivers**, for super maths work using reasoning!

Writer of the week is **Samantha**, for great independent work writing her poem.

Kestrels

Star of the week is **Harry** for exceptional effort with his tests.

Wow of the week is **Lilly** for fantastic writing of a letter and diary entry.

Writer of the week is **Hattie** for a fantastic diary entry.

Owls & Goslings

This week in Owls & Goslings, we have enjoyed finishing our story the Night Pirates. We were shocked to find a letter from the pirates, inviting us to join them. We wrote letters back and hope to set sail soon! Goslings have learnt the sound 'h' and enjoyed the story of Hairy McClary. We also tried on lots of hats and hopped like bunnies.

Skylarks

This week in Skylarks, we have finished our book 'If all the world were...' and wrote some beautiful poems based on Joseph Coelho's 'If all the world were paper'. Some children were super brave performing them to their peers! We have also started our Roman mosaic artwork and today worked on our borders using shapes and patterns. It was very time consuming but we fostered our resilience especially after learning about how Van Gogh mixed 30 shades of yellow just to find the right shade for his sunflowers!

Kestrels

This week in Kestrels, the Year 6s have completed their SATs tests! I am so proud of all of their hard work. They all concentrated so well and they tried their absolute hardest. Well done Year 6! We have also had our No Plan Day where the children chose the topic of farming! We learnt all about farming practices through time and around the world and even considered the farming techniques for the future. We then planted some seeds for some plants which we can use in the coming months to make some delicious food!



Team Points

1. Newton 103
2. Curie 66
3. Einstein 52

What have
we been up
to?

Mental Health Awareness 13th to 19th May

Next week is Mental Health Awareness week and the charity Mind are launching their **#NoMindLeftBehind**.

Every year, 1 in 4 of us will experience a mental health problem. But too many of us aren't getting the help we need. Over 2 million people are waiting for NHS mental health services, and since 2017 the number of young people struggling with their mental health has nearly doubled. Mind are calling on all of us to raise awareness and vital funds for a future where everyone can get quality mental health care when they need it. You can make a donation to the charity on their website.

Over the course of next week, we will continue our work looking at ways to create and keep a state of positive mental health. During this school year we have done a lot of work on mental health and well-being. We have looked into developing a positive mind-set, ensuring we are kind with our self-talk, having an attitude of gratitude, being resilient and in this term we are looking at self-regulating our big emotions (flipping our lid).

If you are struggling with your mental health do not feel alone, here are some useful places for you can go to get the advice and support you need:

- [Mind.org](https://www.mind.org.uk) - [Seeking help for a mental health problem](#)
- [Young Minds](#)
- [Sandy Health Centre](#)
- [Just One Norfolk NHS](#)

Information

Arbor In App Messages

Please can all parents / carers check their notification settings are switched on for the Arbor App. This means that In-App Messages will come through like an SMS Message and be more visible to parents/ carers. A lot of information is being sent through the new portal, but if you have any queries, please contact the office.

Walk to School Week (20th - 24th May)

This year we are promoting the Walk to School Week, this week those children who walk to school will receive a sticker everyday that they walk to school and the class with the most 'walkers' will win a prize. We will also have a special 'Shoesday' on Tuesday 21st where your child can wear their favourite pair of shoes to school!

This initiative is to promote active healthy lifestyles, which is part of our Golden Threads in PE.

Medication Forms

If your child has regular medication including paracetamol, antihistamines, hay fever spray, or use of an inhaler, please can parents / carers complete two forms from Mrs O'Rourke at the front office.

These medical forms must be completed in order for us to give the prescribed medication / inhaler when required.

Cake Friday 24th May

Raffle tickets will next be sold on **Friday 24th May** in the morning at the price of **20p a ticket** or **£1 a strip** in the office.

The Friends of Gooderstone always welcome new ideas and members. If you would like any information please speak with Mrs O'Rourke and Mrs Cross.

For an early preview of the cake and winner announcement - please click the link and follow us on Facebook! [Gooderstone](#)

Upcoming Events

- **Tuesday 21st May:** 'Shoesday' wear your favourite pair of shoes to school
- **Wednesday 22nd May - Friday 24th May:** PGL Yr6 Residential Trip
- **Wednesday 22nd May 2pm:** Owls & Goslings Showcase - all welcome!
- **Walk to School Week 20th - 24th May**
- **Friday 24th May: Cake Friday**
- **Cancelled:** May Celebration Assembly
- **Half Term Friday 24th May - Return Monday 3rd June**
- **7th June 9.30am:** Kestrels Showcase
- **11th June:** Owls & Goslings Trip to Melsop Farm
- **12th - 14th June:** Kingswood Y3+Y4 Residential
- **17th June: Sports Day!**



Sun cream & Sun hats

It has been sunny enough for sun cream here at Gooderstone! Please make sure your child/ren apply sun cream before attending school on a sunny day & please send them in with a sun cream they can apply themselves. For the younger children, there are roll on sun creams, sprays etc. Please also provide a hat /cap that your child/ren can wear on sunnier days to protect themselves.

SENDCo

SENDCo Information and Support

If you have any concerns about your child and would like to talk to Mrs Tinkley, please do not hesitate to contact her via email or telephone the school.

[Norfolk & Waveney Autism/ADHD Support Service May 2024 Newsletter](#)

[Family Voice April 2024 Newsletter](#)

[Click here to join the parent workshop, supporting young peoples mental health.](#)

[Katie Tinkley-SENDCo](#)

[Gooderstone: 01366 328280](#)

katie.tinkley@mundford.dneat.org

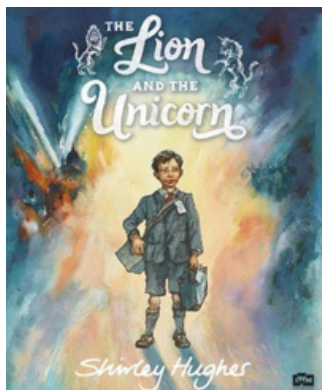
Our literacy tree books



Reading

Our class reader

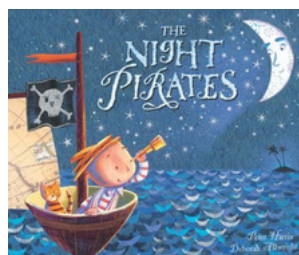
Kestrels



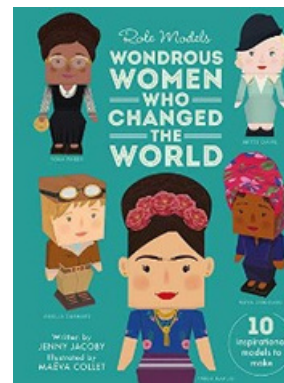
Skylarks



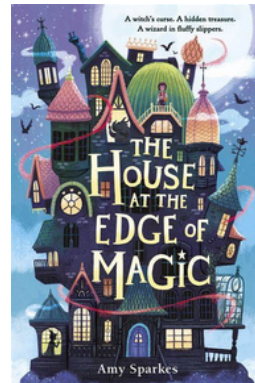
Owls & Goslings



Skylarks



Kestrels



Let Every Light Shine