



Mundford Mail



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House Points

Danes Points 😊 😊 230	Romans Points 218	Saxons Points 218	Vikings Points 226
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This week's winners are the Danes

😊 = previous win

3 wins = non-uniform day

Stars, Wows & Writers

Oak	☆ Albert 📄 Wren ✍️ Luna
Hazel	☆ Albie D 📄 Wilfred ✍️ Sophie
Maple	☆ Lucy 📄 James ✍️ Pennie
Cedar	☆ Robin 📄 The cross country stars ✍️ Niska
Rowan	☆ Jack 📄 Bodhan ✍️ Jack
Elm	☆ Marley 📄 Charlotte ✍️ Zack
Sycamore	☆ Arthur 📄 Sienna ✍️ Daisy

☆ Stars celebrate values and behaviour.

📄 Wows celebrate an outstanding piece of work or learning.

✍️ Writers celebrate wonderful literary achievement



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Cross Country

On Wednesday this week some of the children took part in a cross-country event at Hockwold Hall. The children had a fantastic day and represented the school extremely well. The Year 3's and 4's completed half a mile and the year 5's and 6's completed a mile! All of the children trained super hard and performed excellently. Some have got through to the next round at Langley School in November.



Open Afternoon for New Parents September 2025 Intake

Tuesday 12th November 3.30pm to 4.30pm, in Oak Class, Mundford Primary School.

Pop along and have a look at the classroom, meet the teacher and ask any questions you may have.

We look forward to meeting you.

School Dinners

From 4th November our school meals supplier will be changing to Nourish, to clear existing stock before the change over there will be the following changes to the menu:

Week Beg: 14th Oct: Mon - Vegetarian option will be **Veggie Fingers***(not veggie sausage)

Week beg: 21st Oct: Thurs - Main Meal **Fish Fingers & Chips***(not chicken & sweetcorn pie)

*Unfortunately, we are not able to change options on Arbor once they have been published. e.g. if you book veggie burger they will get will get the veggie finger etc.

Reminder: the price of a school meal will increase to £2.70 from 4th November.



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Wanted

We would love to have more Lego, Mega Blocks etc., for our Before & After School Care, if you have any that you would be willing to donate please drop them into the school office they will be very much appreciated. Thank you.



Tickets will be on sale after school from Monday 14th October. cash, card or phone payments accepted.

500 Words is back and open for entries, it's time to get writing!

There are two age categories: 5-7 and 8-11 year-olds. All children need to do is write a story they would love to read in 500 Words or less.

We would love children of all abilities to enter; spelling, punctuation and grammar are not marked - it's all about creativity!

50 finalists will be invited to go to a glamorous [grand final](#) at Buckingham Palace in February next year, where the bronze, silver and gold winners in each category will have their stories read out by celebrities.

There are also lots of [prizes to be won](#) - each winner will take home a bundle of books and the gold winners also win 500 books for their school library.

Not only that, the winning stories will receive an original [illustration](#) from Dapo Adeola, Nigel Parkinson, Lydia Monks, Momoko Abe, Rob Biddulph or Yasmeen Ismail.

The stories

We want children to have fun writing their stories, be as creative as they can and make us laugh, cry or just be blown away by what we are reading. Children are encouraged to write a story they would love to read themselves.



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Children can only submit one story each. There are very few rules on 500 Words but a few points to remember:

All the stories must:

- Be 500 words or less (title is not included in the number)
- Be written by an individual and not a group
- Be a child's own original idea
- Be prose, not rap or poem

Stories must not:

- Give any personal details of the child, including their name
- Recount an historical event (but they can use a real person or historical character as a source of inspiration)
- Be created, written or developed by AI

All stories will be judged on the following criteria:

- Characterisation
- Plot
- Originality
- Language
- Enjoyment

Submit your stories before 9pm on Friday 8 November 2024

at <https://www.bbc.co.uk/500wordscompetition/submissions-fe/index.html#/profile>

SENCo Kenco

Please get in touch and have coffee and a chat if you have any concerns about your child at school.



Katie Tinkley – SENCo katie.tinkley@mundford.dneat.org

The School Community Team have kindly offered to share their 'Understand your child's behaviour' Workshop on Tuesday 26th November 1pm-3pm, Tuesday 3rd December 1pm-3pm and Tuesday 17th December 2pm-3pm to be held at Mundford School. These sessions are to share methods to support behaviour including:

- Ideas to calm situations (de-escalation) to avoid getting to the stage where containment is needed



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- To give tips, tools and ideas to support your children when behaviour can become more difficult to manage
- Supporting children to communicate how they feel
- Supporting children to self-regulate
- Using reward/recognition systems and restorative/repair work

The sessions include sharing tools and ideas for parents to use at home, e.g., positive scripts, turning negative phrasing into positive phrasing, offering limited choice.

Please let Mrs Tinkley know if you are interested in attending as places are getting filled

Let's Celebrate

If your child has achieved something in sport outside of school, we would like to know about it! Email Miss Spearpoint on elm@mundford.dneat.org with a photo and caption so we can celebrate their successes in school!

[How to manage your child's online world without clashing - BBC Bitesize](#)

If you'd like to know more, or have any questions on this theme, please don't hesitate to get in touch.

[Homepage - UK Safer Internet Centre](#)



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Optimistic October 2024

MONDAY



TUESDAY

1 Write down three things you can look forward to this month

WEDNESDAY

2 Find something to be optimistic about (even if it's a difficult time)

THURSDAY

3 Take a small step towards a goal that really matters to you

FRIDAY

4 Start your day with the most important thing on your to-do list

SATURDAY

5 Be a realistic optimist. See life as it is, but focus on what's good

SUNDAY

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together

Contacting the school and absence messages

Messages can be sent by:

- Arbor App message.
- Telephone 01842 878278 and select option 1 at any time including out of school hours.
- by email to messages@mundford.dneat.org
- Any classroom/educational enquires are best made directly to the class teacher:

Acorns Nursery:

katie.tinkley@mundford.dneat.org Admission/funding: acornsnursery@mundford.dneat.org

oak@mundford.dneat.org
maple@mundford.dneat.org
rowan@mundford.dneat.org

hazel@mundford.dneat.org
cedar@mundford.dneat.org
elm@mundford.dneat.org

sycamore@mundford.dneat.org

Please note class emails may not be checked during the school day so anything urgent is best sent via the app, telephone or the messages email above.

Please enable Push Notifications for Arbor in your phone settings, you should then receive a push notification whenever you have a new in-app message, whether you are



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logged into Arbor or not. If you aren't receiving push notifications, or they vanish quickly, please follow [these instructions](#).

The push notification won't contain the content of the message, it will just let you know there is a new message that you will need to log in to Arbor to read.

Notices & Reminders

- **Parking**

The Cricket Club car park should be used for **drop-off and pick-up purposes only**, so no long-term parking please or parking well in advance of the pick-up time. **Engines to be turned off and not be left running whilst waiting - this is an air pollution issue and noise nuisance.**

If areas are coned off, then this must be respected as this will allow members using the club to access a parking space to use the facilities (most likely on Wednesdays and Fridays).

The car park may be closed on occasions for special events e.g. afternoon cricket games. A notice board will be placed outside the gate if this is the case or alternatively the gates may be locked when a large number of visitors are expected.

Please ensure that access to the car park for pedestrians is by the **main gate only**. On a regular basis people are crossing the fence and this border area has been recently planted up.

If club members wishing to use the car park and facilities make reasonable requests to do so, we will not tolerate any further abuse, which will risk the car park being closed permanently.

We will continue to lock the gate at night for club security purposes.

Please can we all ensure we are following the rules so we do not find ourselves in this situation again.

Please be mindful of others, we need to work together as a community to make sure everyone stays safe.

- **Zig Zag Yellow Lines**

Are there for the safety reasons, please do not park on them whilst dropping off and collecting children at any time of the day.

- **Snacks**

We have noticed a variety of items being eaten at breaktime for snack. As part of our drive to be a healthy school we have a policy that only fruit or veg should be consumed at breaktimes. Fruit and veg options are provided daily by the school for pupils in EYFS and KS1. We are happy for you to provide a snack for your child but it should be fruit or veg and we will be reminding the children of this over next week.

<http://www.churchsidefederation.norfolk.sch.uk/wp-content/uploads/2020/02/Food-Policy-1.pdf>

Please do not park on the playground. We have noticed recently that the playground is being used as a car-park when collecting children from after-school clubs/care. This is creating a potential hazard for both pupils and parents arriving/leaving the playground on foot.

- **Food Policy**



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So that we can ensure that any child who is allergic to nuts does not come into contact with them please do not include items containing nuts in packed lunches. The Food policy can be found on the school website <http://www.churchsidefederation.norfolk.sch.uk/wp-content/uploads/2020/02/Food-Policy-1.pdf>

- **Water Bottles**

Can we kindly request that children do not bring water bottles with loose lids and straws? These aren't suitable for the classroom, as they can easily leak or will spill if knocked over.

Sports-style bottles with leakproof lids are preferred. If your child does bring in an unsuitable bottle, they may be asked to keep it outside or by the classroom sink to prevent spillages on work.

- **Slogans on Clothing**

Please can we ask all adults attending the school site to ensure that their clothing does not have inappropriate language on it. Together home and school have done a wonderful job teaching children to read. With this in mind I am sure none of us want them using these skills to read and decode inappropriate phrases and words.

Thank you for your understanding.

Music Lessons

Mrs Whistler teaches a variety of musical instruments and she has a few spaces available on a Wednesday afternoon. If you would like your child(ren) to attend Music lessons, kindly provided by Mrs Whistler, please contact her direct by email: whistlermusic@yahoo.com for further information and cost.

Diary Dates

Tuesday 15th October: Oak Mundford Junction - 2:30pm
Wednesday 16th October: Elm Mundford Junction - 2:30pm
Thursday 17th October: Rowan Mundford Junction 2:30pm
Friday 18th October: Maple Mundford Junction 9:00 – 10:00a.m.
Monday 21st October: Cedar Mundford Junction - 2pm
Wednesday 23rd October: Sycamore Class Autumn 1 Showcase - 2:30pm

Half Term Holiday

Last day Thursday 24th October – children back to school Monday 4th November

Friday 8th November: Elm Showcase - 2:45pm
Week commencing 11th November: Elm & Sycamore Bikeability



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If you shop at Asda please consider opting into the "cashpots for Schools". We would hugely appreciate your support.



Thank you,
Friends of Mundford School PTA

WE HAVE A FEW SPACES AVAILABLE AT
1ST FELTWELL SCOUT GROUP FOR



AND



If your child - boy or girl - is aged between 6 & 8 years old (for Beavers) or 8 & 10½ (for Cubs) this might be them.

Beaver Scouts meet on Mondays & Cub Scouts meet on Thursdays (during Norfolk school term time)
from 6.15pm till 7.30pm.

Each section make things, do outdoor activities, earn badges, try new things, have fun, go on adventures, make friends & more.

If you think your child would be interested in joining please get in touch and ask for an information pack.

Contact Claire by text on 07773226963



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Resources for Supporting your Child at Home

The school website and half-termly class newsletters outline what each class is currently learning, along with ideas for things you can do at home. We also recommend the following additional resources:

Numbots <https://play.numbots.com/#/account/school-login/35246> for basic number skills
& **TT Rockstars** <https://play.ttrockstars.com/auth> for times tables

Oxford Owl <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/> for an online library of books covering all ages and ability levels

One Minute Maths <https://whiteroseeducation.com/1-minute-maths> targeted practice to build confidence delivered in 1 minute chunks aligned to the school's Maths curriculum

School Uniform

https://corporatetiger.co.uk/?product_cat=mundford
www.facebook.com/myclothingltd

October Half Term
For Kids aged 6 - 10

2 Days of Football Fun

With One of Lakenheath's Top Coaches Zoe Hovell

Where, When & How Much...

**Wednesday 30th October at Mundford
Playing Fields - 10am - 2.30pm**

**Friday 1st November at Lakenheath
Football Club - 10am - 2.30pm**

**** £15 Each Day ****

Please bring a drink and pack lunch

Contact Zoe to book on 07732007664



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