



Mundford Mail



The newsletter from Mundford C of E Primary Academy - Your school, your news!

Wednesday, 13 November 2024 Autumn 9 Page 1 of 10

House Points

Danes Points ☺ ☺ 350	Romans Points ☺ 300	Saxons Points ☺ 329	Vikings Points ☺ ☺ 364
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This week's joint winners are the Vikings

☺ = previous win

3 wins = non-uniform day

Stars, Wows & Writers

Oak	☆ Charlie 📄 Anna ✍️ Molly
Hazel	☆ Mabel 📄 Harry M ✍️ Jacob
Maple	☆ Jack 📄 Lucy ✍️ Josie
Cedar	☆ Ivy-Jean 📄 Jack ✍️ Elliott
Rowan	☆ Indi 📄 Poppy ✍️ Harvey
Elm	☆ Lillie 📄 Phoebe ✍️ Archie
Sycamore	☆ Gracie 📄 Casper ✍️ Joey

☆ Stars celebrate values and behaviour.

📄 Wows celebrate an outstanding piece of work or learning.

✍️ Writers celebrate wonderful literary achievement



Wednesday, 13 November 2024 Autumn 9 Page 2 of 10

Anti- Bullying Week

Monday 11th November to Friday 15th November is Anti Bullying Week. Throughout the week children will be looking at this year's theme which is titled 'Choose Respect.' They will take part in different activities including the BBC live lesson at 11am on Tuesday 12th November.

To mark this week, we will be having an odd sock day on Tuesday 12th November to celebrate differences. Your children will be expected to come in uniform as usual but are encouraged to wear odd socks, the wackier the better!



Children in Need

Friday 15th November is Children In Need day which we like to support every year. With the weather turning colder and the days getting darker early we have decided to come up

with our own theme of 'Get Cosy for Children In Need'. The children can come to school dressed in cosy clothes of their choice, this could be PJs, onesies, oodles etc. They may bring slippers to wear in school but will need a pair of outdoor shoes for playtime and lunchtime.



Maths Week

Next week is also Maths week and the children will be taking part in lots of Maths-related activities. We are keen to join the themes together, so on the Friday we will be having a 'Money day' using the donations the children bring in for Children In Need. On this day children will be looking at notes, coins, amounts, solving problems related to money and much more. So please donate any spare change you may have as it will help the children learn how to use money and also help many children through this wonderful charity.

At the end of the day each class will count up the amounts to be donated to the Children in Need charity.

The children will also bring home next Friday a fun Family Money Activity which you can do at home together.





Wednesday, 13 November 2024 Autumn 9 Page 3 of 10

Maths Week Challenge

We will be setting the children a little challenge on Monday as part of our celebration of Maths Week, and we would love for you to join in.

The answer is 11.

What is the question?

The Maths Ambassadors will look at all the responses and will there will be prizes for the most creative, unusual or clever questions.

There is a box for posting questions in. Please make sure the child's name, age and class are also written on their entry.

TT Rockstars England Rocks

Times Table Rockstars are also running a Maths Week competition.

The competition runs from 07:30am Tuesday 12th November 2024 to 7:30pm Thursday 14th November 2024. It's all done online via play.ttrockstars.com.

Children can play in any gamemode with every correct answer to a multiplication or division question, earning themselves, their class and the school a point. The Times Tables Rock Stars platform will calculate the class average (the number of correct answers per pupil in the class who play during the competition hours, subject to a daily 60-minute limit (see below)).

Winning classes in the school and in the competition as a whole will be the ones with the highest average.

To support player wellbeing, there is a daily time limit of 60-minutes per player. Once the player goes beyond 60-minutes of play on that day, they will still earn coins but will no longer earn points towards the competition.

In the spirit of the competition, please don't play on their behalf but by all means encourage and support them to the extent that it doesn't cause high stress levels or impact on family plans.

Please ask your child's class teacher if they do not have a TT Rockstars login. (NB: for pupils in KS1 who have not used it before, their login will be the same as the one they use for Numbots)



Mundford Mail



The newsletter from Mundford C of E Primary Academy - Your school, your news!

Wednesday, 13 November 2024 Autumn 9 Page 4 of 10

Christmas Church Services

Tuesday 17th December

Acorn/Oak/Hazel/Maple Classes – 9.15am.

Cedar/Rowan/Elm/Sycamore Classes – 10.15am.

This year we would like to invite parents and friends to our church service. There will be an interval in-between for the younger children to leave the church and return to school, and the older children to enter. The church will be providing refreshments during this interval, for a small donation to church funds, and there is a beautiful Christmas hamper to win in the raffle too. Please bring along your pennies and support both the school children and our church.

New Ways November 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Make a list of new things you want to do this month

2 Respond to a difficult situation in a different way

3 Get outside and observe the changes in nature around you

4 Sign up to join a new course, activity or online community

5 Change your normal routine today and notice how you feel

6 Try out a new way of being physically active

7 Be creative. Cook, draw, write, paint, make or inspire

8 Plan a new activity or idea you want to try out this week

9 When you feel you can't do something, add the word "yet"

10 Be curious. Learn about a new topic or an inspiring idea

11 Choose a different route and see what you notice on the way

12 Find out something new about someone you care about

13 Do something playful outdoors - walk, run, explore, relax

14 Find a new way to help or support a cause you care about

15 Build on new ideas by thinking "Yes, and what if..."

16 Look at life through someone else's eyes and see their perspective

17 Try a new way to practice self-care and be kind to yourself

18 Connect with someone from a different generation

19 Broaden your perspective: read a different paper, magazine or site

20 Make a meal using a recipe or ingredient you've not tried before

21 Learn a new skill from a friend or share one of yours with them

22 Find a new way to tell someone you appreciate them

23 Set aside a regular time to pursue an activity you love

24 Share with a friend something helpful you learned recently

25 Use one of your strengths in a new or creative way

26 Try out a different radio station or new TV show

27 Join a friend doing their hobby and find out why they love it

28 Discover your artistic side. Design a friendly greeting card

29 Enjoy new music today. Play, sing, dance or listen

30 Look for new reasons to be hopeful, even in tough times



ACTION FOR HAPPINESS

Happier · Kinder · Together





Mundford Mail



The newsletter from Mundford C of E Primary Academy - Your school, your news!

Wednesday, 13 November 2024 Autumn 9 Page 5 of 10

School Dinners

The price of a school meal will increase to **£2.70** (£13.50 per week) from 4th November.

Please remember to make top-ups to Arbor in advance of the meals being taken.

NOURISH
NOVEMBER 2024 TO MARCH 2025

WEEKLY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Cheese & Bean Lasagne 1,3,4,7,9 V Sweet Potato & Chick Pea Curry VG Jackets with a Choice of Toppings 7,8,9	Beef Stew & Dumpling 1 Pesto Pasta Bake 1,7 V Jackets with a Choice of Toppings 7,8,9	Roast Gammon & Gravy Falafel Burger 1,5 VG Jackets with a Choice of Toppings 7,8,9	Chicken Arrabiatta Pasta 1 Biryani Balls in a Curry Sauce 1,5 VG Jackets with a Choice of Toppings 7,8,9	Fish Fingers 1,8 Cheese & Tomato Puff 1,7 V Jackets with a Choice of Toppings 7,8,9
4 TH NOVEMBER	Rice, Sweetcorn, Peppers	Herby Bread 1,3,7,9, Green Beans, Carrots	Rustic Roast Potatoes Cauliflower, Broccoli	Seasonal Vegetables	Chips, Peas, Baked Beans, Coleslaw 9
2 ND DECEMBER	Rice Pudding & Syrup 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Apple Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Chocolate & Vanilla Cake 1,7 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Ginger Biscuit 1,15 VG Yoghurt 3,7 Fruit Pots VG
6 TH JANUARY					
3 RD FEBRUARY					
10 TH MARCH					
WEEK TWO	Chicken & Sweetcorn Pie 1 Herby Tomato Pasta Twists 1 VG Jackets with a Choice of Toppings 7,8,9	Mild Chilli Beef 4 Pesto & Pea Penne 1,7 V Jackets with a Choice of Toppings 7,8,9	Roast Chicken & Gravy Vegan Sausage Roll 1 VG Jackets with a Choice of Toppings 7,8,9	Macaroni Cheese 1,7 V Rice & Bean Burrito 1 VG Jackets with a Choice of Toppings 7,8,9	Salmon Fish Cake 1,7,8 Margherita Pizza 1,3,7,9 V Jackets with a Choice of Toppings 7,8,9
11 TH NOVEMBER	New Potatoes, Carrots, Peas	Rice, Seasonal Vegetables	Rustic Roast Potatoes Cabbage, Sweetcorn	Baked Wedges Green Beans, Cauliflower	Chips, Peas, Baked Beans, Carrot Sticks
9 TH DECEMBER	Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Toffee Apple Pudding 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chocolate Crispy Cake 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Fruit Loaf 1,3,7,9 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Jaffa Biscuit 1 VG Yoghurt 3,7 Fruit Pots VG
13 TH JANUARY					
10 TH FEBRUARY					
17 TH MARCH					
WEEK THREE	Katsu Chicken Nugget 1 Cheesy Pasta Bake 1,7 V Jackets with a Choice of Toppings 7,8,9	Cheese & Onion Pinwheel 1,7 V Spaghetti Vegetable Bolognese 1 VG Jackets with a Choice of Toppings 7,8,9	Savoury Beef & Yorkshire Puddings 1,7,9 Samosa Puff 1 VG Jackets with a Choice of Toppings 7,8,9	Sweet Chilli Chicken Noodles 1,3,16 Potato & Vegetable Cake with Tomato Sauce VG Jackets with a Choice of Toppings 7,8,9	Sausages 1,6 Quorn Sausage 1 VG Jackets with a Choice of Toppings 7,8,9
18 TH NOVEMBER	Rice, Sweetcorn, Peppers	New Potatoes, Green Beans, Carrots	Rustic Roast Potatoes, Cabbage, Peas	Garlic Bread 1,3,7,9, Seasonal Vegetables	Chips, Peas
16 TH DECEMBER	Chocolate Whip 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Syrup Sponge 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Cinnamon Roll 1,3,7,9 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Baked Beans, Roasted Onions Apple Flapjack 1,15 VG Yoghurt 3,7, Fruit Pots VG
20 TH JANUARY					
24 TH FEBRUARY					
24 TH MARCH					
WEEK FOUR	Margherita Pizza 1,3,7,9 V Meatfree Meatballs in Tomato Sauce VG Jackets with a Choice of Toppings 7,8,9	Chicken Curry Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9	Roast Pork & Gravy Chinese Tofu Wrap 1,3,16 VG Jackets with a Choice of Toppings 7,8,9	Beef Bolognese Penne Pasta 1 Cheesy Cajun Wedges 4,7 V Jackets with a Choice of Toppings 7,8,9	Fish Fingers 1,8 Bruschetta 1,7 V Jackets with a Choice of Toppings 7,8,9
25 TH NOVEMBER	Rainbow Pasta 1 VG, Sweetcorn, Peppers	Rice, Seasonal Vegetables	Rustic Roast Potatoes Green Beans, Carrots	Cauliflower, Broccoli	Chips, Peas
30 TH DECEMBER	Strawberry Mousse 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Banana Loaf 1 VG & Chocolate Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Ice Cream 7 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Jam & Vanilla Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Baked Beans, Coleslaw 9 Coconut Cookie 1,7 Yoghurt 3,7, Fruit Pots VG
27 TH JANUARY					
3 RD MARCH					
31 ST MARCH					

AVAILABLE DAILY: Selection of Salads 9, Homemade Bread 1,3,7,9. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celiac. Please discuss with your manager.

VG Vegan V Vegetarian
1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk
8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celiac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten

EAT YOUR VEGGIES!

Join the Churchside Book Club!

Next half term we are going to introduce a fortnightly Lunchtime Book Club!

Key Stage One will be invited to read 'Einstein the Penguin' by Iona Rangeley on a Thursday lunchtime.

Key Stage Two will be invited to read 'Who Let the Gods Out' by Maz Evans on a Tuesday lunchtime.

We will read the book and complete activities about it. Let's get reading!





Mundford Mail



The newsletter from Mundford C of E Primary Academy - Your school, your news!

Wednesday, 13 November 2024 Autumn 9 Page 6 of 10

Wanted

We would love to have more Lego, Mega Blocks etc., for our Before & After School Care, if you have any that you would be willing to donate please drop them into the school office they will be very much appreciated. Thank you.

SENCo Kenco

Please get in touch and have coffee and a chat if you have any concerns about your child at school.



Katie Tinkley – SENDCo katie.tinkley@mundford.dneat.org

The School Community Team have kindly offered to share their 'Understand your child's behaviour' Workshop on Tuesday 26th November 1pm-3pm, Tuesday 3rd December 1pm-3pm and Tuesday 17th December 2pm-3pm to be held at Mundford School. These sessions are to share methods to support behaviour including:

- Ideas to calm situations (de-escalation) to avoid getting to the stage where containment is needed
- To give tips, tools and ideas to support your children when behaviour can become more difficult to manage
- Supporting children to communicate how they feel
- Supporting children to self-regulate
- Using reward/recognition systems and restorative/repair work

The sessions include sharing tools and ideas for parents to use at home, e.g., positive scripts, turning negative phrasing into positive phrasing, offering limited choice.

Please let Mrs Tinkley know if you are interested in attending as places are getting filled

Let's Celebrate

If your child has achieved something in sport outside of school, we would like to know about it! Email Miss Spearpoint on elm@mundford.dneat.org with a photo and caption so we can celebrate their successes in school!



Mundford Mail



The newsletter from Mundford C of E Primary Academy - Your school, your news!

Wednesday, 13 November 2024 Autumn 9 Page 7 of 10

Music Lessons

Mrs Whistler teaches a variety of musical instruments and she has a few spaces available on a Wednesday afternoon. If you would like your child(ren) to attend Music lessons, kindly provided by Mrs Whistler, please contact her direct by email: **whistlermusic@yahoo.com** for further information and cost.

Contacting the school and absence messages

Messages can be sent by:

- Arbor App message.
- Telephone 01842 878278 and select option 1 at any time including out of school hours.
- by email to messages@mundford.dneat.org
- Any classroom/educational enquires are best made directly to the class teacher:

Acorns Nursery:

katie.tinkley@mundford.dneat.org Admission/funding: acornsnursery@mundford.dneat.org

oak@mundford.dneat.org

maple@mundford.dneat.org

rowan@mundford.dneat.org

hazel@mundford.dneat.org

cedar@mundford.dneat.org

elm@mundford.dneat.org

sycamore@mundford.dneat.org

Please note class emails may not be checked during the school day so anything urgent is best sent via the app, telephone or the messages email above.

Please enable Push Notifications for Arbor in your phone settings, you should then receive a push notification whenever you have a new in-app message, whether you are logged into Arbor or not. If you aren't receiving push notifications, or they vanish quickly, please follow [these instructions](#).

The push notification won't contain the content of the message, it will just let you know there is a new message that you will need to log in to Arbor to read.

Notices & Reminders

- **Parking**

The Cricket Club car park should be used for **drop-off and pick-up purposes only**, so no long-term parking please or parking well in advance of the pick-up time. **Engines to be turned off and not be left running whilst waiting - this is an air pollution issue and noise nuisance.**

If areas are coned off, then this must be respected as this will allow members using the club to access a parking space to use the facilities (most likely on Wednesdays and Fridays).

The car park may be closed on occasions for special events e.g. afternoon cricket games. A notice board will be placed outside the gate if this is the case or alternatively the gates may be locked when a large number of visitors are expected.

Please ensure that access to the car park for pedestrians is by the **main gate only**. On a regular basis people are crossing the fence and this border area has been recently planted up.



Mundford Mail



The newsletter from Mundford C of E Primary Academy - Your school, your news!

Wednesday, 13 November 2024 Autumn 9 Page 8 of 10

If club members wishing to use the car park and facilities make reasonable requests to do so, we will not tolerate any further abuse, which will risk the car park being closed permanently.

We will continue to lock the gate at night for club security purposes.

Please can we all ensure we are following the rules so we do not find ourselves in this situation again.

Please be mindful of others, we need to work together as a community to make sure everyone stays safe.

- **Zig Zag Yellow Lines**

Are there for the safety reasons, please do not park on them whilst dropping off and collecting children at any time of the day.

- **Snacks**

We have noticed a variety of items being eaten at breaktime for snack. As part of our drive to be a healthy school we have a policy that only fruit or veg should be consumed at breaktimes. Fruit and veg options are provided daily by the school for pupils in EYFS and KS1. We are happy for you to provide a snack for your child but it should be fruit or veg and we will be reminding the children of this over next week.

<http://www.churchsiefederation.norfolk.sch.uk/wp-content/uploads/2020/02/Food-Policy-1.pdf>

Please do not park on the playground. We have noticed recently that the playground is being used as a car-park when collecting children from after-school clubs/care. This is creating a potential hazard for both pupils and parents arriving/leaving the playground on foot.

- **Food Policy**

So that we can ensure that any child who is allergic to nuts does not come into contact with them please do not include items containing nuts in packed lunches. The Food policy can be found on the school website <http://www.churchsiefederation.norfolk.sch.uk/wp-content/uploads/2020/02/Food-Policy-1.pdf>

- **Water Bottles**

Can we kindly request that children do not bring water bottles with loose lids and straws?

These aren't suitable for the classroom, as they can easily leak or will spill if knocked over.

Sports-style bottles with leakproof lids are preferred. If your child does bring in an unsuitable bottle, they may be asked to keep it outside or by the classroom sink to prevent spillages on work.

- **Slogans on Clothing**

Please can we ask all adults attending the school site to ensure that their clothing does not have inappropriate language on it. Together home and school have done a wonderful job teaching children to read. With this in mind I am sure none of us want them using these skills to read and decode inappropriate phrases and words.

Thank you for your understanding.



Mundford Mail



The newsletter from Mundford C of E Primary Academy - Your school, your news!

Wednesday, 13 November 2024 Autumn 9 Page 9 of 10

Diary Dates

11th – 14th November November: Elm & Sycamore Bikeability

Wednesday 27th Nov : Oak Class Lynn News Photographer

Friday 29th November: Rowan Bake Sale – 3:20pm

Monday 16th December: Acorn and Oak Carol Concert and Craft Junction afterwards

Tuesday 17th December: Christmas Church Services Acorn/Oak/Hazel/Maple Classes – 9.15am.
Cedar/Rowan/Elm/Sycamore Classes – 10.15am.

If you shop at Asda please consider opting into the “cashpots for Schools”. We would hugely appreciate your support.



Thank you,
Friends of Mundford School PTA

Resources for Supporting your Child at Home

The school website and half-termly class newsletters outline what each class is currently learning, along with ideas for things you can do at home. We also recommend the following additional resources:

Numbots <https://play.numbots.com/#/account/school-login/35246> for basic number skills

& TT Rockstars <https://play.ttrockstars.com/auth> for times tables

Oxford Owl <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/> for an online library of books covering all ages and ability levels

One Minute Maths <https://whiteroseeducation.com/1-minute-maths> targeted practice to build confidence delivered in 1 minute chunks aligned to the school's Maths curriculum

School Uniform

https://corporatetiger.co.uk/?product_cat=mundford
www.facebook.com/myclothingltd



Mundford Mail



The newsletter from Mundford C of E Primary Academy - Your school, your news!

Wednesday, 13 November 2024

Autumn 9 Page 10 of 10

**WE HAVE A FEW SPACES AVAILABLE AT
1ST FELTWELL SCOUT GROUP FOR**



AND



If your child - boy or girl - is aged between 6 & 8 years old (for Beavers) or 8 & 10½ (for Cubs) this might be them.

Beaver Scouts meet on Mondays & Cub Scouts meet on Thursdays (during Norfolk school term time)

from 6.15pm till 7.30pm.

Each section make things, do outdoor activities, earn badges, try new things, have fun, go on adventures, make friends & more.

If you think your child would be interested in joining please get in touch and ask for an information pack.

Contact Claire by text on 07773226963
