



# Gooderstone Gazette

4th October 2024

Autumn Issue 5

**Collective Worship Story:**  
"For there is no other God who can rescue like this,"  
(Daniel 3:96)

## Stars & Wows Owls & Goslings

**Star of the week is, Hallie** for contributing her ideas and singing when practising for Harvest.  
**Wow of the week is, Alfie** for excellent use of scientific language and making a wonderful boat.  
**Writer of the week is, Teddy** for working hard on his letter formation.

## Skylarks

**Star of the week is, Rosie S,** for showing resilience in PE when catching a ball.  
**Wow of the week is, George,** for great acting in our harvest festival rehearsals.  
**Writer of the week is, Matilda,** for choosing to practice her handwriting during choosing time.

## Kestrels

**Star of the week is, Florence** for always being kind, honest & respectful.  
**Wow of the week is, Lilia** for her fantastic art homework. Well done!  
**Writer of the week is, Paloma** for never being reluctant to edit her work.

# What have we been up to?

### **This week in Owls & Goslings,**

We have had a busy week in Owls exploring floating and sinking for our SAW day. We designed and created boats then tested them. We also had a fabulous no plan day learning about Owls. We loved the fact that baby Owls are called Owlets! For National Poetry Day we learnt a rhyme about Owls with actions and were proud to perform it.

### **This week in Skylarks,**

We had an exciting No Plan Day when we chose to learn about potions. We wrote recipes for potions to change the weather, turn us into fairies and make us run like cheetahs amongst other creative ideas! We used our counting skills to count in 10s and 5s when measuring out ingredients and mixed up some fabulous creations. We also learnt about magical colour mixing, finding out how to mix secondary colours.

### **This week in Kestrels,**

**we** have worked hard on some poetry to celebrate National Poetry Day! We joined Laura Mucha for a workshop on Thursday and wrote some poems about 'what counts'. We then read the witches song from Macbeth and wrote our own versions. The children were really creative when coming up with their poetry ideas. We also practised 'Can't stop the feeling' by Justin Timberlake in music and got used to strumming more quickly.



# Information

## Communication

We communicate with you in a variety of different ways; through our weekly newsletters, class newsletters, in-app messages and emails.  
Each class has their own email address, direct to your child's class teacher.

### **Mrs Cross & Mrs Chisman- Owls & Goslings**

owls@gooderstone.dneat.org

### **Mrs Buckley - Skylarks**

skylarks@gooderstone.dneat.org

### **Miss Stanley - Kestrels**

kestrels@gooderstone.dneat.org

## Harvest Festival

Our Harvest Festival is taking place on **Wednesday 9th October** in St George's Church.

As with previous years, we will be donating food to Meadow House Care Home in Swaffham, as well as topping up the Gooderstone food bank in the church.

We will be accepting donations of food from Monday 30th September.

These donations can be either tinned or fresh food, please ensure that any donated food is in date.

Thank you very much for your support with this and we look forward to seeing you for the Harvest Festival.

# Upcoming Events

- **\*CANCELLED\* 7th October 3.15pm:** Nature Club
- **9th October 9am:** Harvest Festival at the church
- **9th October 10.30am - 2pm:** Cross Country @Hockwold Hall
- **11th October 2.30pm:** Owls & Goslings Gathering
- **18th October 9am:** Celebration Assembly- All welcome, Skylarks sharing
- **18th October 2:30pm- 3:15pm:** Kestrels Gathering
- **24th October:** Cake Thursday (replacing Friday)!
- **\*Rescheduled\* 11th November 9am:** Individual & Sibling Photos - Tempest

# Sendco

SENDCo Information and Support - Mrs Tinkley SENDCo

If you have any concerns about your child and would like to talk to Mrs Tinkley, please do not hesitate to contact her via email or telephone the school.

[Family Voice - September 2024](#)

[Family Action October 2024 Newsletter](#)

[Katie Tinkley-SENDCo](#)

Gooderstone: 01366 328280

[katie.tinkley@mundford.dneat.org](mailto:katie.tinkley@mundford.dneat.org)



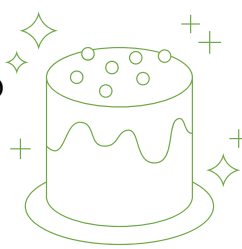


# Team Points

1. Newton 90
2. Einstein 69
3. Curie 63

## Cake Friday

We have a few spaces left to donate or create a cake! Our next Cake Friday is, **Friday 11th October** with a lovely creation kindly made by Miss Kahn.



The Friends  
OF  
Gooderstone

## The Friends of Gooderstone School - Annual General Meeting!

**Wednesday 16th October at 3:30pm in Owls Classroom.**

Everyone is invited and we hope to see as many of you there as possible! Attending is a great way to find out more about The Friends, meet other parents and find out how you can help us to raise more money and support the school.

This year, Hermione O'Rourke is stepping down as Chair and therefore the role of Chairperson, as well as other committee roles, will be available to acquire.

It is really important that a new Chair is appointed and all committee roles are filled so that The Friends can carry on; without a full committee we will have to close the charity.

We are really hopeful that this won't happen and that other parents or friends of the school will come on board. Please speak with Hermione O'Rourke, Pippa Cross & Amy Haslam for more details, we look forward to seeing you at the AGM!

Email! - [friends.of.gooderstone@gmail.com](mailto:friends.of.gooderstone@gmail.com)

Facebook!: [The Friends of Gooderstone Primary School](#) | [Facebook](#)

# Reading

## Kestrels

Kensuke's kingdom

English Year 3/4: Cinnamon

English Year 5/6: The Promise

## Skylarks

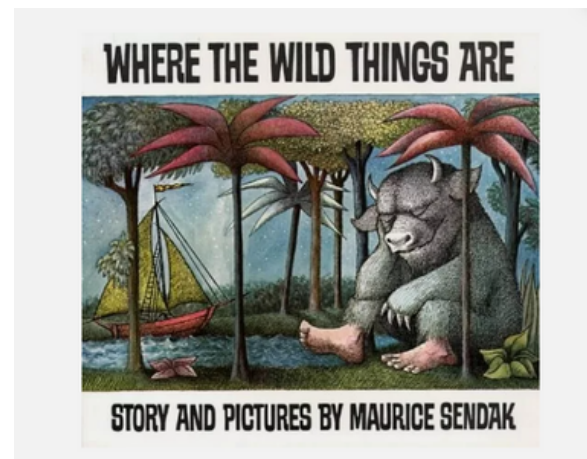
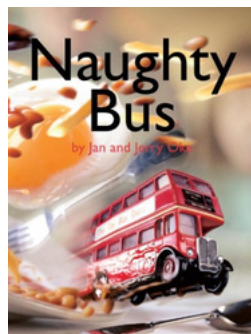
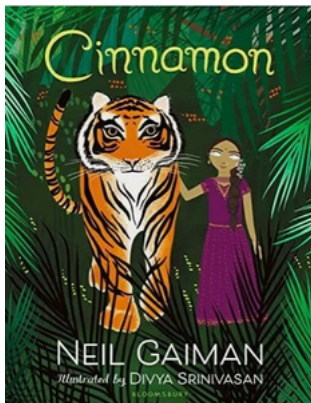
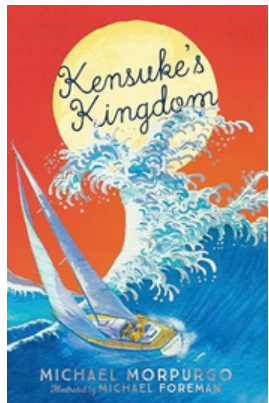
The Naughty Bus

The Spider and the Fly



## Owls & Goslings

Where the wild things are



Let Every Light Shine



# Optimistic October 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

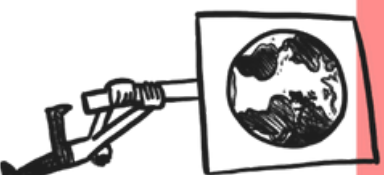
27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together